



Sample
Lunch & Dinner
Menu

Lunch Menu

Sunday, December 7th

- 1. Mini Cordon Bleu*
- 2. Sub Sandwich*

Monday, December 8th

- 1. Turkey Satay with Peanut Sauce*
- 2. Bacon, Lettuce & Tomato Sandwich*

Tuesday, December 9th

- 1. Cheese Blintzes with Orange Sauce*
- 2. Grilled Roast Beef & Cheddar Sandwich*

Wednesday, December 10th

- 1. Quiche Lorraine*
- 2. Pastrami on Rye Sandwich*

Thursday, December 11th

- 1. Fried Fish & Waffle Fries*
- 2. Panini Sandwich*

Friday, December 12th

- 1. BBQ Pork on Bun*
- 2. Smoked Salmon & Cream Cheese Sandwich*

Saturday, December 13th

- 1. Pizza*
- 2. Egg Salad Sandwich*

Dinner Menu

Sunday, December 7th

1. Baked Salmon with Cucumber Dill ♥
2. Lamb Chops with Cherry Balsamic ♥

Monday, December 8th

BIRTHDAY DINNER

1. Prime Rib ♥
2. Garlicky Baked Chicken ♥

Tuesday, December 9th

1. Scallops St. Jacques
2. Pork Tenderloin with Dijon Crust ♥

Wednesday, December 10th

1. Roast Turkey with Stuffing ♥
2. SW Short Ribs

Thursday, December 11th

1. Kashmiri Lamb ♥
2. Chicken Riesling ♥

Friday, December 12th

RESIDENT CHRISTMAS PARTY

Social Hour 5:00 PM

Dinner 6:00 PM

Entertainment 7:00 PM

Saturday, December 13th

1. Roast Pork Loin with Port & Bleu Cheese ♥
2. Stuffed Cornish Hen ♥

Weekly Alternatives

1. Poached Chicken Breast
2. Baked Cod

♥ Less than 15g Fat, 100 mg Cholesterol, 500 mg Sodium